Electronic Acknowledgement Receipt			
EFS ID:	1281658		
Application Number:	10688251		
International Application Number:			
Confirmation Number:	4577		
Title of Invention:	Exercise resistance		
First Named Inventor/Applicant Name:	Robert Kissel		
Customer Number:	29493		
Filer:	Rebecca J. Brandau/Karen Sonsteby		
Filer Authorized By:	Rebecca J. Brandau		
Attorney Docket Number:	74445-002		
Receipt Date:	30-OCT-2006		
Filing Date:	17-OCT-2003		
Time Stamp:	16:04:54		
Application Type:	Utility		

## Payment information:

Submitted with Payment	no
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## File Listing:

Document Number	Document Description	File Name	File Size(Bytes)	Multi Part /.zip	Pages (if appl.)
1	Response to Election / Restriction Filed	Resp_Elect_Req.pdf	80189	no	3
Warnings:					

Information:	
Total Files Size (in bytes):	80189

This Acknowledgement Receipt evidences receipt on the noted date by the USPTO of the indicated documents, characterized by the applicant, and including page counts, where applicable. It serves as evidence of receipt similar to a Post Card, as described in MPEP 503.

## New Applications Under 35 U.S.C. 111

If a new application is being filed and the application includes the necessary components for a filing date (see 37 CFR 1.53(b)-(d) and MPEP 506), a Filing Receipt (37 CFR 1.54) will be issued in due course and the date shown on this Acknowledgement Receipt will establish the filing date of the application.

## National Stage of an International Application under 35 U.S.C. 371

If a timely submission to enter the national stage of an international application is compliant with the conditions of 35 U.S.C. 371 and other applicable requirements a Form PCT/DO/EO/903 indicating acceptance of the application as a national stage submission under 35 U.S.C. 371 will be issued in addition to the Filing Receipt, in due course.